

# South Paulding Junior Spartan Wrestling Parent Contract

Dear Parents,

I want to thank you for allowing your child to become a part of South Paulding Youth Wrestling Program. We continued to move towards becoming one of Georgia's top youth wrestling programs last year. Through hard work and dedication from our wrestlers and our parents, we can see our goal (to be one of the best) become a reality. South Paulding has the right coaches to be a successful program at the high school level and can only become stronger by a feeder program that will push experienced wrestlers into the 9<sup>th</sup> grade. These wrestlers will have all the skills they need to excel in high school. Most of the best wrestlers in the state and the nation were in some sort of pre-high school training program. I, along with my coaching staff, look forward to being a part of your child's steps toward being a competitive wrestler.

**There are a few rules that we need to go over.**

- **ALL PRACTICES ARE CLOSED.** It is very difficult to coach a child that always wants to run over to talk to mom or dad. I need each child's 100% attention for their learning and for their safety. Not paying attention might get them injured. On occasion we will allow parents brief sessions to watch their son's progress. \_\_\_\_\_ (Initial)
  - **The 5-10 Yr olds practice to be announced... Details coming.** Some experienced wrestlers practice more than the newer wrestlers. many 4-6 year olds will have a lighter practice schedule. **Practice will normally be 6:30-8:30. Please try to be there by 6:15 so we can start on time.** Be early for pick-up times please.
  - **The 11 – 14 yr olds practice to be announced. Details coming. Be at practice by 6:15 so we can start on time.** Please try to be there to pick-up the children by 8:15.
  - **Absences.** Too many unexcused absences will result in being let go from the team. This is a team sport. Though the wrestlers compete individually, the team relies on their points to win. If they don't come to practice to learn or don't come to matches they can't win. We need them there as much as possible because each practice builds off the one before.
  - **Attire.** All wrestlers are required to come to practice with wrestling shoes. No one is allowed to practice on the mats with tennis shoes. The head gear will help to protect the ears from physical damage. On Saturdays head gear are required, so get them use to wearing it.
  - **Attitude.** All wrestlers that use foul language, disrupt practice by acting out or show continuous forms of misbehavior will be disciplined in the following way. The first few discipline problems will be handled in practice in forms of running, extra conditioning, etc. The next stage will be suspension from matches & tournaments. Parents will be made aware of any problems that might lead to this level of response. The final stage is dismissal from the team. We will have wide range of ages in the wrestling room together. All ages will be worked with accordingly, know that I expect the older children to set good examples for the younger. Parents, if you have a problem with one of our coaches please see Coach Byers first.
  - **PARTICIPATION.** You are **required to attend at least 3 events (week-end events) per month**. Any child that does not (without prior notification to the head coach) will be placed on probation for the next month. If it happens again the next month, the wrestler will be **released from the program**. There is no other sport that allows you to pick and choose when you participate. We are no different! **Also... every must attend the end of the season state qualifier** (unless prior notification is given to the head coach) to be eligible to attend the banquet or receive a trophy. \_\_\_\_\_ (Initial).
  - **Weigh Ins.** All wrestles will be expected to make weight in the weight class they choose to wrestle in. Not making weight for matches will result in extra conditioning the next practice. Not making weight in a Tournament may result in suspension from the next scheduled match. The coaches will decide this together. We (parents & coaches) must be together on this to teach the boys how to discipline themselves early in their wrestling career so that they don't try to become last minute crashers to make weight. By maintaining the weight class they choose, even if having to go up classes during the season, they will train themselves to maintain weight properly for good health. I will not encourage wrestlers on a junior team to lose large amounts of weight.
  - **(PARENTS) Matches/Tournaments.** During matches and tournaments, unless asked by a coach, parents & family are **NOT** allowed on or within the mat areas. This is not only our rules, but Team Georgia's rules also. Referee calls will not always go our way, but the coaches must be the ones to handle any conflict. Parents will be asked to move back to the stands a few times. Once I see this is going to be an issue then I will ask the parents or family member once more, the next step will be holding their child out from the next tournament or dismissal from the team. I realize other teams may not enforce this with their parents, but our team will be better than that. \_\_\_\_\_ (initial). Also, any wrestler that gets penalized for bad conduct during a tournament may be suspended from the next scheduled match or tournament depending on the reason. The coaches will decide together.
  - **Most weekends the tournament registration fees are \$15 and are due by the Tuesday before. I would encourage you to sign up a week or two in advance. I will explain at the parents meeting.**
  - **We put most many pictures of our team and wrestlers on our website to show our pride for them. If you have a problem with this please see the head coach.**
  - **ALL WRESTLERS WILL BE REQUIRED TO WEAR THE SINGLET'S PROVIDED BY SOUTH PAULDING DURING ALL MATCHES. NO OUTSIDE SINGLET'S WILL BE ALLOWED AT ANY TIME UNLESS APPROVED. (S.B.) \_\_\_\_\_ (initial)**
- I WANT OUR TEAM TO BE REPRESENTED BY OUR COLORS, OUR LOGO AND OUR PRIDE MOST OF THE TIME.**
- **NO WRESTLER WILL BE ALLOWED TO COMPETE IF HE/SHE SHOWS UP TO A TOURNAMENT WITH INAPPROPRIATE CLOTHING , THEIR HAIR OR FACE PAINTED, or FLAGRANTLY DISPLAYS AN OVERALL DISRESPECT FOR THE TEAM, HOST SCHOOL OR OUR COACHES (S.B.). \_\_\_\_\_ (Initial)**

While some of these things are thought to be showing school spirit, they do not display the kind of humble, non-showy type of wrestlers that I wish to see from this team. I want our wrestlers to make their impact on the mat instead. Let's establish a new set of standards for sports through our kids. Let them know that being respectful, humble & having Integrity still mean something! We have enough show outs in the Pros.

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Parent Signature

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Date